

Unearthing Future Champions Program

Diving WA Schools Program

Dear Principal / PE Coordinator,

Diving WA would like to invite your school to participate in an exciting program designed to unearth Perth's next generation of World Class Olympic Divers.

What is the purpose of program?

The Go for 2&5 Unearthing Future Champions Schools Program is designed to identify and nurture young students who may have the right characteristics to be World Class performers. Traditionally, many students identified through Talent Identification (TID) programs are often unaware of the natural talent they possess. Through fun and exciting TID testing, we can make them more aware of their hidden sporting talents and provide them with the opportunity to develop.

What is involved?

We are aware of the hectic schedules your school faces; hence our aim is to make this initiative as easy as possible. A testing schedule within your school will be determined through consultation with our team. We anticipate approximately 1 to 2 days spent at your school, depending on the number of students. We will discuss with you your preferred days and times for those weeks.

- The targeted year groups for testing are year's 2, 3, 4 and 5. If you feel you have some 'sporty' students outside these year groups (particularly those with gymnastics, acrobatic and trampolining backgrounds), we are happy to accommodate them in the testing also. 'Blanket' testing across all targeted grades ensures no one is overlooked and that everybody can be part of the initiative. Remember – some students may not know they possess the talent characteristics to be world class performers, hence why we encourage everyone to have a go.



- With your agreement, we would like to run a small introduction before we start any of the testing. This will cover an introduction to diving and a brief explanation of what we will be doing.
- The testing is all dry land-based and administered in a circuit-type arrangement. Ideally, we will require approximately 1 hour per class size of 35 students. This includes warm-up and cool-down time. The tests include jumping ability, flexibility, strength, and speed.
- The tests will be led by elite-level diving coaches (all coaches have a Working with Children Check). NO ASSISTANCE is required from any of your staff. We do it all!
- Immediately following testing, each student will receive a certificate of participation and an invitation to come and try diving, including pool time, free of charge at HBF stadium, Mt Claremont.
- Following analysis of your student's test results, a small number will be invited to participate in a second, more sports-specific phase of testing, which also includes pool time, independent of your school. Children who are selected for Phase 2 will get an invitation after the school testing. (Which will be a terrific achievement!).

Where will the program take place?

It is envisaged that the testing will take place at a suitable location within your school such as the undercover area/gymnasium/classroom (i.e., many of the tests are static in nature). These testing sessions can be done during Physical Education classes that are part of your weekly timetable. Specific arrangements will be organised with your school.



What Costs are involved?

For the Go for 2&5 Unearthing Future Champions Schools Program, there are NO costs for your school's involvement – just the opportunity for your students to be involved in a very exciting and fun sporting initiative.

Consent to Participate – What is required?

As previously mentioned, all the tests are standard physical fitness tests (on land) that are routinely undertaken in Physical Education classes. Therefore, we anticipate that no parental consent would be required. If you feel consent may be necessary, we have a draft consent form that could be used.

Why choose Diving?

Diving is a unique sport that many students would not otherwise encounter. It requires a combination of athleticism, power, and strength along with flexibility, form and grace. As well as being a physical challenge for students, it also provides a psychological one as students are required to build their skills of focus and concentration as they attempt unfamiliar exercises that take them to new heights (literally!). It is a great forum for building self-confidence, resilience, and perseverance in your students.

This program has been established for Diving because:

- Australia is one of the top diving nations in the world winning 6 Gold, 4 Silver and 6 Bronze in the Birmingham 2022 Commonwealth Games and a Bronze in the Tokyo 2020 Olympics. This was a brilliant achievement. Underpinning our current champions talent will ensure future success continues in Western Australia.
- Western Australia has been strongly represented in recent years at an international level, with Maddison Keeney (Bronze Medal 2016 Rio Olympics, Silver medals at both 2014 & 2018 Commonwealth Games, Gold Medal 2022 Commonwealth Games, Gold Medals at the 2017 and 2019 World Aquatics Championships), Teju Williamson (2018 Commonwealth Games) and Nikita Hains (2020 Tokyo Olympics, 2022 Commonwealth Games). This shows that there is great potential for diving in WA and you could be involved in helping us find our next diving champions!

What happens next?

To reserve your school's place in this exciting initiative, please contact the Diving WA team on (08) 6424 9090 or info@wadiving.com.au.

We thank you in anticipation of your keen involvement in unearthing Western Australia's future "Diving Diamonds". We look forward to hearing from your school.